

COMMONWEALTH GAMES FEDERATION

Commonwealth Mens Classic Benchpress Championships, Sun City (South Africa), 04-13.10.2024

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-59kg												
1.	Rathore Pranjali	22.07.98	IND	58,00	0,6092	3	110,0	117,5	127,5	117,5	71,58	12
-66kg												
1.	de Los Reyes Kail	20.08.97	IMN	64,40	0,5749	10	70,0	80,0	90,0	80,0	45,99	12
-74kg												
1.	Chan Demetri	02.06.97	GUY	73,55	0,5350	16	132,5	142,5	147,5	142,5	76,24	12
2.	Webster Oliver	15.07.91	ENG	73,70	0,5345	17	115,0	120,0	125,0	120,0	64,13	9
-83kg												
1.	Srikantha Anujan	14.09.96	ENG	81,90	0,5057	28	175,0	187,5	192,5	192,5	97,36	12
2.	Charlie Thomas	04.03.99	ENG	81,60	0,5067	26	135,0	142,5	150,0	142,5	72,21	9
3.	Allen Daniel	05.12.99	NI	81,15	0,5081	27	115,0	122,5	125,0	125,0	63,52	8
-93kg												
1.	Martin Maahir	30.01.00	RSA	89,70	0,4830	11	190,0	200,0	205,0	190,0	91,77	12
2.	Karaitiana Tovia	07.07.96	NZL	85,95	0,4934	10	162,5	167,5	170,0	170,0	83,88	9
3.	Warren Louie	05.09.00	WAL	86,65	0,4914	9	125,0	130,0	132,5	130,0	63,89	8
-105kg												
1.	Watson Ashley	28.10.93	ENG	104,35	0,4491	20	195,0	200,0	205,0	200,0	89,81	12
2.	Yslie Fabio	06.10.99	RSA	102,10	0,4537	21	175,0	185,0	195,0	195,0	88,46	9
3.	Borthwick Fraser	11.04.00	SCO	103,60	0,4506	19	155,0	165,0	170,0	170,0	76,60	8
-120kg												
1.	McGuinness Wesley	22.02.89	ENG	106,85	0,4442	28	182,5	187,5	192,5	192,5	85,50	12
2.	Lefevre Emmerson	28.03.93	ENG	116,05	0,4280	29	165,0	180,0	190,0	180,0	77,05	9
120+kg												
1.	Phillips-Martin Ryan	09.01.92	ENG	146,25	0,3898	34	210,0	217,5	222,5	222,5	86,73	12
2.	Leask Jared	31.05.91	RSA	187,90	0,3589	35	200,0	212,5	220,0	220,0	78,96	9
3.	Rant Ben	28.08.98	ENG	145,95	0,3901	33	187,5	200,0	205,0	205,0	79,97	8

Team (points)

1.	England	57	[12+12+12+12+9]	136,45	IPF GL
2.	South Africa	30	[12+9+9]	259,18	IPF GL
3.	Guyana	12	[12]	76,24	IPF GL
4.	India	12	[12]	71,58	IPF GL
5.	Isle of Man	12	[12]	45,99	IPF GL
6.	New Zealand	9	[9]	83,88	IPF GL
7.	Scotland	8	[8]	76,60	IPF GL
8.	Wales	8	[8]	63,89	IPF GL
9.	Northern Ireland	8	[8]	63,52	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Srikantha Anujan	England	81.90	192,5	97,3559	1
2.	Martin Maahir	South Africa	89.70	190,0	91,7664	1
3.	Watson Ashley	England	104.35	200,0	89,8114	1

Sub-Juniors

-66kg												
1.	Botha Ferde	26.06.08	RSA	65,50	0,5696	8	85,0	90,0	95,0	90,0	51,26	12
2.	Morgan Harry	12.01.09	IMN	63,10	0,5814	9	30,0	32,5	35,0	35,0	20,35	9
-74kg												
1.	Coleman Blaine	18.06.07	RSA	72,60	0,5387	14	117,5	125,0	127,5	125,0	67,34	12
2.	Wilson Bobby	29.04.06	NI	72,35	0,5397	13	117,5	122,5	127,5	122,5	66,12	9
3.	Collocott Alex	19.11.08	RSA	70,55	0,5471	15	100,0	112,5	112,5	100,0	54,71	8
-83kg												
1.	Harris Samuel	27.04.06	IMN	77,45	0,5206	25	90,0	100,0	110,0	110,0	57,27	12
-93kg												
1.	Parker Josh	06.08.07	SCO	89,70	0,4830	7	130,0	137,5	142,5	142,5	68,82	12
2.	Gault Adam	09.04.09	NI	90,65	0,4805	8	120,0	125,0	130,0	130,0	62,46	9

-105kg											
1.	Botes Arne	13.05.06	RSA	101,40	0,4551	18	110,0	122,5	130,0	130,0	59,17 12
-120kg											
1.	Shinde Prithviraj	30.10.06	IND	116,95	0,4266	27	125,0	135,0	142,5	142,5	60,79 12
2.	Neilson Mackenzie	06.08.06	SCO	116,90	0,4267	26	132,5	137,5	140,0	140,0	59,73 9

Team (points)

1.	South Africa	44	[12+12+12+8]	332,48	IPF GL
2.	Scotland	21	[12+9]	128,56	IPF GL
3.	Isle of Man	21	[12+9]	77,62	IPF GL
4.	Northern Ireland	18	[9+9]	128,58	IPF GL
5.	India	12	[12]	60,79	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Parker Josh	Scotland	89.70	142,5	68,8248	1
2.	Coleman Blaine	South Africa	72.60	125,0	67,3438	1
3.	Wilson Bobby	Northern Ireland	72.35	122,5	66,1185	2

Juniors

-83kg											
1.	Simmons Hayden	19.07.02	ENG	78,90	0,5156	24	125,0	132,5	137,5	137,5	70,90 12
-93kg											
1.	Mills Connor	17.06.01	ENG	84,20	0,4986	5	165,0	172,5	177,5	177,5	88,51 12
2.	Handley Marcus	02.11.03	ENG	89,15	0,4845	6	147,5	155,0	160,0	155,0	75,09 9
3.	Runge Lewis	20.10.03	IMN	90,15	0,4818	4	70,0	90,0	100,0	100,0	48,18 8
-105kg											
1.	Glyn-Jones Ruaridh	12.06.02	SCO	102,50	0,4528	16	157,5	167,5	172,5	167,5	75,85 12
2.	Harding Jacob	21.04.02	ENG	102,50	0,4528	17	142,5	152,5	160,0	152,5	69,05 9

Team (points)

1.	England	42	[12+12+9+9]	303,55	IPF GL
2.	Scotland	12	[12]	75,85	IPF GL
3.	Isle of Man	8	[8]	48,18	IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Mills Connor	England	84.20	177,5	88,5054	1
2.	Glyn-Jones Ruaridh	Scotland	102.50	167,5	75,8472	1
3.	Handley Marcus	England	89.15	155,0	75,0918	2

Masters 1

-66kg											
1.	Coleman Steven	03.03.79	RSA	65,65	0,5689	7	117,5	122,5	125,0	125,0	71,11 12
2.	Babu Rajesh	09.10.80	NZL	61,85	0,5878	6	112,5	117,5	122,5	122,5	72,01 9
-74kg											
1.	Harishchandra Pawar Dines	?	IND	71,70	0,5424	12	115,0	135,0	135,0	115,0	62,37 12
-83kg											
1.	Fitzpatrick Ricardo	30.11.80	RSA	80,80	0,5093	20	150,0	150,0	150,0	150,0	76,39 12
2.	Anderson Mark	09.03.80	CAN	81,15	0,5081	23	140,0	147,5	150,0	147,5	74,95 9
3.	Richens Ben	28.08.81	ENG	82,30	0,5045	22	135,0	142,5	150,0	142,5	71,89 8
4.	Boraas Edward	25.07.79	CAN	79,70	0,5129	21	112,5	117,5	120,0	117,5	60,27 7
-93kg											
1.	Jacobsz David	21.10.81	RSA	91,45	0,4784	3	160,0	170,0	177,5	170,0	81,32 12
-105kg											
1.	Litchfield David	29.09.75	SCO	99,15	0,4600	15	162,5	172,5	180,0	180,0	82,80 12
2.	Carlyle Ross	17.05.78	ENG	104,60	0,4486	14	155,0	165,0	170,0	170,0	76,26 9
-120kg											
1.	Masson Craig	26.11.81	RSA	118,30	0,4245	25	140,0	160,0	X	160,0	67,92 12
120+kg											
1.	Koekemoer Werner	06.12.76	RSA	187,45	0,3591	32	150,0	160,0	165,0	160,0	57,46 12

Team (points)

1. South Africa	60	[12+12+12+12+12]	354,20	IPF GL
2. England	17	[9+8]	148,14	IPF GL
3. Canada	16	[9+7]	135,22	IPF GL
4. Scotland	12	[12]	82,80	IPF GL
5. India	12	[12]	62,37	IPF GL
6. New Zealand	9	[9]	72,01	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Litchfield David	Scotland	99.15	180,0	82,7969	1
2.	Jacobsz David	South Africa	91.45	170,0	81,3243	1
3.	Fitzpatrick Ricardo	South Africa	80.80	150,0	76,3928	1

Masters 2

-59kg												
1.	Liddle Andy	23.07.70	ENG	59,00	0,6034	2	60,0	65,0	70,0	70,0	42,24	12
-93kg												
1.	Farrar Stephen	16.11.65	ENG	90,75	0,4802	2	100,0	107,5	115,0	115,0	55,22	12
-105kg												
1.	Glendower David	03.01.68	WAL	95,50	0,4683	13	72,5	77,5	80,0	80,0	37,47	12
-120kg												
1.	Ball Darren	17.08.70	ENG	118,20	0,4246	23	160,0	165,0	165,0	160,0	67,94	12
2.	de Beer Hermanus	15.04.70	RSA	112,15	0,4346	24	130,0	140,0	150,0	150,0	65,18	9
120+kg												
1.	Crain John	09.12.69	RSA	127,90	0,4107	31	170,0	177,5	182,5	177,5	72,91	12

Team (points)

1. England	36	[12+12+12]	165,40	IPF GL
2. South Africa	21	[12+9]	138,09	IPF GL
3. Wales	12	[12]	37,47	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Crain John	South Africa	127.90	177,5	72,9076	1
2.	Ball Darren	England	118.20	160,0	67,9416	1
3.	de Beer Hermanus	South Africa	112.15	150,0	65,1831	2

Masters 3

-66kg												
1.	Hrynkow David	04.10.64	CAN	65,05	0,5717	4	82,5	87,5	90,0	87,5	50,03	12
2.	Bruce Jc	09.05.63	RSA	65,45	0,5698	5	80,0	80,0	82,5	80,0	45,58	9
-74kg												
1.	Kumar Tandi Baiba	04.08.63	IND	70,25	0,5483	¹¹	105,0	112,5	117,5	117,5	64,43	12
-83kg												
1.	Vineburg Stephen	01.11.56	ENG	82,15	0,5050	19	95,0	100,0	105,0	105,0	53,02	12
-93kg												
1.	Rodney Robert	24.03.64	ENG	85,35	0,4952	1	90,0	95,0	100,0	100,0	49,52	12
-105kg												
1.	Khatana Rajkumar	?	IND	93,80	0,4725	12	95,0	105,0	112,5	105,0	49,61	12
-120kg												
1.	Rigby Andy	20.03.62	ENG	110,75	0,4370	22	190,0	204,5	208,5-wb3	208,5	91,12	12

Team (points)

1. England	36	[12+12+12]	193,66	IPF GL
2. India	24	[12+12]	114,04	IPF GL
3. Canada	12	[12]	50,03	IPF GL
4. South Africa	9	[9]	45,58	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Rigby Andy	England	110.75	208,5	91,1158	1
2.	Kumar Tandi Baiba	India	70.25	117,5	64,4294	1
3.	Vineburg Stephen	England	82.15	105,0	53,0201	1

Masters 4**-83kg**

1. Oppenheim Dan	30.06.45	RSA	79,25	0,5144	18	85,0	92,5	95,0	95,0	48,87	12
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Team (points)

1. South Africa	12	[12]	48,87	IPF GL
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Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Oppenheim Dan	South Africa	79.25	95,0	48,8705	1

SOI**120+kg**

1. Sillitoe Bryce	03.08.01	RSA	139,95	0,3963	30	90,0	95,0	100,0	100,0	39,63	12
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Team (points)

1. South Africa	12	[12]	39,63	IPF GL
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Best Lifters of SOI by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Sillitoe Bryce	South Africa	139.95	100,0	39,6313	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

CAN = Canada

ENG = England

GUY = Guyana

IMN = Isle of Man

IND = India

NI = Northern Ireland

NZL = New Zealand

RSA = South Africa

SCO = Scotland

WAL = Wales